

Vanessa Alexandra Canta

English Curriculum Vitae:

Dr. Vanessa Alexandra Canta, Graduated in Nursing and with Master in Management and Healthcare Coordination for more than 20 years engaged in various hospitals, Certified Consultant in Metamedicine by Claudia Rainville (founder of Metamedicine), High Specialization in PNEI (Psychoneuroendocrinoimmunology) and Management of the Stress achieved at the Lombardy Psychologists Association as well as the High Specialization in Integrated Music Therapy. Researcher on the connection between body, mind, emotions and sound with The Power of Sound project in collaboration with Nino Ballerini. She collaborates with the Life Sound Institute of Zurich, singing teacher also with holistic approach at Mad3 in Zurich, artistic director at the SII CENTER and the Sii Music of Lugano, lecturer and singer. Currently also an entrepreneur and interviewer. Bach flowers at the Edward Bach School. To all this is added the knowledge and use of the Meditation, relaxation techniques, healing energy and integrated empathic nursing counseling.